

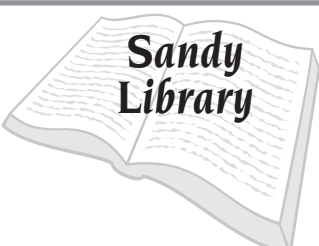
★ Senior News ★

Sandy Senior Center
 9310 South 1300 East
 801-561-3265

Band Jam – Monday, Aug. 3, 9:30 a.m. Location: Café
Eclipse Home Health Glucose Check – Monday, Aug. 3, 10:30 a.m. Location: Room 101
Sandy Book Club – Monday, Aug. 3, 1 p.m. Location: Room 101
Master's Program Round Table Discussion with Rhoda Busch – Tuesday, Aug. 4, 9 a.m. Location: Café
Computer Registration – Tuesday, Aug. 4, 9 a.m. Location: Room 207
Astrology Club – Tuesday, Aug. 4, 10 a.m. Location: Room 206
Tightwads United – Tuesday, Aug. 4, Room 101
AARP Safe Driving Class – Wednesday, Aug. 5, 10 a.m. Location: Room 101. Call the center for information about costs.
Bingo with Sunrise of Sandy – Wednesday, Aug. 5, 10:30 a.m.
Writing with a Flair – Wednesday, Aug. 5, 1:30 p.m. Location: Room 107
No Bones About It: Seminar on Osteoporosis – Thursday, Aug. 6, 1 p.m. Location: Room 206
NAMI with Rose Carbine – Thursday, Aug. 6, 7 p.m.
Utah Philatelic Society – Thursday, Aug. 6, 7 p.m.
South Mountain Back Chair Massage – Monday, Aug. 10, 9 a.m. Location: Room 101
Sleep Hygiene – Tuesday, Aug. 11, 9 a.m. Location: Room 206

Jordan River Nature Walk – Tuesday, Aug. 11, 9:30 a.m.
Folklore – Tuesday, Aug. 11, 1:30 p.m. Location: Room 101
Jewelry Making – Tuesday, Aug. 11, 2 p.m. Location: Room 107
Angel Touch Blood and Glucose Check – Wednesday, Aug. 12, 10 a.m. Location: Café
Omelet Class – Friday, Aug. 14, 9 a.m. Location: Room 101
Paraffin Wax Treatment for Hands – Friday, Aug. 14, 10:30 a.m. Location: Room 106. This is an eight-minute treatment.
Utah Bar Consultation – Friday, Aug. 14, 11 a.m. Location: Room 106
Summer Book Club with Janey Hokett – Friday, Aug. 14, 1 p.m. Location: Room 101
Band Jam – Monday, Aug. 17, 9:30 a.m. Location: Café
Glucose Check with Eclipse Home Health – Monday, Aug. 17, 10:30 a.m. Location: Café
Sandy Book Club – Monday, Aug. 17, 1 p.m. Location: Room 101
Lunch Bunch, Out For Lunch – Tuesday, Aug. 18, 9:30 a.m. Location: Room 206
Podiatry Clinic – Wednesday, Aug. 19, 11 a.m. Location: Room 107
Sandy Watercolor Guild Workshop – Thursday, Aug. 20, 1:30 p.m. Location: Café

Utah Philatelic Society – Thursday, Aug. 20, 7 p.m. Location: Room 201
Literary Book Club – Friday, Aug. 21, 10:30 a.m. Location: Room 107
Computer Seminar – Monday, Aug. 24, 9:30 a.m.
Sandy City Hall Tour – Monday, Aug. 24, 10 a.m.
Sterling Health Sunrise Breakfast – Tuesday, Aug. 25, 8 a.m. Location: Café
Shutterbugs Photo Shoot: Marnier Park in Draper – Tuesday, Aug. 25, 9 a.m.
Special Anniversary Lunch – Tuesday, Aug. 25, noon Location: Café
Jewelry Making – Tuesday, Aug. 25, p.m. Location: Room 107
Sandy City Museum Tour – Wednesday, Aug. 26, 10 a.m.
Doorways to Peace – Wednesday, Aug. 26, 10:30 a.m. Location: Room 107
Red Hat Sandy's – Wednesday, Aug. 26, 12, p.m. Location: Room 107
Sandy Fish Farm and Golf Course Tour – Thursday, Aug. 27, 10 a.m.
RSVP Volunteer Orientation – Thursday, Aug. 27, 2 p.m. Location: Room 107.
Sandy Tour – Friday, Aug. 28, 10 a.m.
Paraffin Wax Treatment for Hands – Friday, Aug. 28, 10:30 a.m. Location: Room



Library Events

10100 South Petunia Way (1450 East) • 801-944-7574
 M-Th: 10 a.m.-9 p.m. • F-S: 10 a.m.-6 p.m.
 Closed Sunday

July 24
Holiday. Library is closed.

July 27 to 31 during library hours
Manga Mania. How is your Manga? Come in anytime all week, play a game and win a free manga book. **Teens**

Fridays, now to Aug. 28 p.m. **Ages 7 and up**
Sandy Chess Club. This club is for children, teens and adults. Children under 12 need to be with a responsible adult. Registration is available online. Contact the library for more information.

Aug. 4, 2 p.m. **Ages 7 to 12**
Wii Gaming For Kids. Get your game on with the Wii at the library.

Aug. 11, 7 p.m. **Families**
"Kid Fiddlers." In this high-energy show, "Kid Fiddlers" play dozens of instruments, clog and yodel.

Aug. 12, 2 p.m. **Families**
Rockin' Utah. A state park naturalist will reach out and connect kids in nature in a fun, engaging program designed to get kids outside to develop lasting connections with the natural world and help them grow physically, emotionally and mentally.

Aug. 24 and Aug. 25, 10:30 a.m. **Families**
"The Brave Princess" puppet show. The Utah Puppet Theater comes to the library to share their take on the story "The Paper Bag Princess."

Aug. 17 to 22 during library hours **Teens**
Manga Mania. How is your Manga? Come in anytime all week, play a game and win a free manga book.

Aug. 17 to 22 during library hours **All Ages**
Take Home Craft: Monster. Pick up a monster to take home and make.

Aug. 18, 7 p.m. **Adults**
Sandy Book Discussion. Come to lively discussion discussions of a variety of titles. Check them out at the library each month.

Chamber Corner



By Nancy Workman
 Sandy Area Chamber of Commerce

A Message from the President

So many of our business members are excited and doing well! Membership is truly helping. We work hard to create hundreds of opportunities for our businesses to grow. It is gratifying to see so many have such great successes.

Thriving business people share five common threads:

1. They network in earnest. I see them at numerous events, they serve on committees, and they come early and stay late.
2. They not only use the chamber for connections, they build relationships.
3. Their word is their bond. If they state they are going to do something, they do it. Everyone notices and a great reputation develops. Respect and admiration cause leads and recommendations.
4. They use all of the chamber's resources.
5. They spend normal working hours making contacts, meeting with people. They do the work that does not require people at night, after hours.

The most important ingredient for our business members' success is...passion. They love what they are doing. Passion will create another important ingredient...relentlessness. Failure is impossible with these two ingredients.

It has been fun seeing a new member get involved, ask, learn, and use the chamber as a major tool. Then after a few months or a year, they stop coming to meetings. When I call them to inquire how they are doing, they tell me about how busy they are, how much work they have and they apologize for not coming but business is booming. I love hearing that.

Come join the Sandy Area Chamber. We are having a banner year!

You can join online at sandy.chamber.com or call 801-566-0344.

Sandy Club honors Member of the Month



Mikaela Ballstaedt (center with trophy), age 9, has been voted Sandy Club "Member of the Month" for July. Mikaela has been a member at the Sandy Club for two years and attends Sandy Elementary where her favorite subject is math. When Mikaela grows up she would like to be a doctor.

Mikaela's favorite thing to do at the Sandy Club is to color and play with her friends. Mikaela said she has been voted "Member of the Month" because she is nice to every one. Congratulations Mikaela for being "Member of the Month"!

"Dare to Dream"

Olympus Gymnastics

Open House

Saturday, August 15th
 10 a.m.-12 noon

- Free evaluation of your child and placement in appropriate class.
- Free back pack or leotard to first 50 students who sign up at Open House

Boys and Girls
 ages 3 years to 12 years

Olympus Gymnastics
 9683 S. Sandy Parkway, Sandy • 801-566-3295
www.olympusgymnastics.org



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NOW ENROLLING FOR FALL 2009

CLASSES

- Family Music for Babies (0-18 mos)
- Family Music for Toddlers (15 mos - 3 1/2 yrs)
- Cycle of Seasons (3-5 yrs)
- Music Makers (4-8 yrs)
- Group Keyboard (6 & up)
- Private Piano Lessons

See class descriptions at www.musikgarten.org

JOIN US FOR A

FREE CLASS

We invite you to join us for a free demo class. Contact Merrill today for a class schedule.

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